



# 16 WAYS TO KEEP YOUR FAMILY SAFE THIS SUMMER

Summer is the time for fun outside with family and friends. However, it's also when many accidents occur around the home. Keep your family, friends and neighbours safe with these tips.

## Around the pool

Swimming pools and spas may be fun to play and lounge in; however, children and pets can get hurt in and around them. Follow these safety tips to ensure everyone's safety around the pool.<sup>1</sup>

- Never leave children unattended.
- Keep children away from pool drains, pipes and openings.
- Make sure everyone knows how to swim.
- Learn CPR and first aid—they can save lives.
- Don't swim if the pool has flat, broken or missing drain covers. Drains can suction hair and body parts, causing serious injury to children and adults.
- Install a fence at least four feet tall around the perimeter of your pool.
- Make sure pool and spa covers work.
- Use self-closing and self-latching gates.

Children ages 1 to 4 drown at twice the rate of children ages 10 to 14.<sup>2</sup>

60% of child drownings occur in June, July and August.<sup>2</sup>

Source: 1. Pool Safety: U.S. Consumer Product Safety Commission  
2. Canadian Red Cross







## Around the home and yard

Enjoy your time around your home and yard this summer and make sure it's free of hazards with these tips:

- Supervise children whenever they're outside, and keep them inside when you're mowing or trimming.
- Always grill in an open, well-ventilated area, and keep children and animals at least three feet away from the grill.
- Put away hoses when not in use too prevent falls.
- Keep paint, fertilizers and hazardous chemicals out of reach of children and animals.
- Remove dead trees before they become a hazard.
- Put away lawn and garden tools and machinery when you're finished with them.
- Maintain lawn mowers, trimmers and other equipment, and use them as instructed to prevent injuries.
- Put ladders and other home maintenance items away when not in use.



## Important Phone Numbers to Know

- 911, or your local emergency service number
- Poison control: Call 1-800-222-1222 for the poison control center near you
- Fire department
- Police department
- Your family's physician
- Your child(ren)'s pediatrician
- Hospital emergency room or health clinic
- Your pharmacy
- Contact numbers for neighbours or nearby relatives